

Change in brand of your short acting (mealtime) insulin from NovoRapid® to Trurapi® Cartridges



You currently use NovoRapid® insulin for your diabetes. A similar insulin called **Trurapi® Penfill® cartridges** is now available. It works the same way and is safe to switch to. Trurapi® costs less for the NHS, and your diabetes consultant agrees that you can change to Trurapi®.

Therefore, we are recommending that you switch your short acting insulin from:

NovoRapid® Penfill® cartridges to Trurapi® cartridges (for use with an AllStar PRO® durable pen)

There will be no need to change your dose, and you should continue to administer your insulin at the same dose and in the same way. However, your dose may need to be adjusted depending on your blood glucose readings. If this happens, please contact your pharmacist in the first instance.

Before switching to Trurapi®:

- Collect your new AllStar PRO® durable pen from your GP surgery (you should collect two devices so that you have a spare). Trurapi® cartridges are **not** compatible with your current durable pen.
- The AllStar PRO® durable pen devices are available in two colours (blue and silver), and you can request a particular colour. It is important that the pen you use for your Trurapi® is a different colour from the pen you use for your long-acting insulin.
- If you administer half units of insulin, please tell your GP surgery because you will need a JuniorSTAR® durable pen instead (not an AllStar PRO®).

You can watch a video of how to use the Trurapi® cartridge and AllStar PRO® (or JuniorSTAR®) at:

 <https://www.mysanofiinsulin.co.uk/trurapi/>, selecting option "I have been prescribed Trurapi®".

Or scan the QR code below.



If you do not have access to the internet, there will be instructions within the packaging of your new Trurapi® insulin. Also, your pharmacist can help you with any questions.

- Use all existing supplies of NovoRapid® before switching to Trurapi®. Make sure that you obtain supplies of your new insulin at least a week before you run out of your NovoRapid®
- Continue to monitor your blood glucose in your usual way.
- If you adjust your insulin dose according to your blood glucose readings and diet continue to do so in your usual way.
- Although unlikely, if your blood sugar control is affected by this change to Trurapi®, you can switch back to NovoRapid® or discuss your blood sugar control with your diabetic specialist.

If you have any concerns about this switch, then please contact your pharmacist who can provide further information.

Frequently asked questions (FAQs)

Who manufactures Trurapi®?

Trurapi® is manufactured by Sanofi which is a large pharmaceutical company with lots of experience in diabetes and insulin. They make several other commonly used insulins including Lantus®.

Is Trurapi® as effective as NovoRapid®?

Trurapi® has been carefully compared with NovoRapid® in clinical studies. These studies showed that both insulins work the same way and are equally safe and effective. Because of this, Trurapi® has been approved for use in the UK as a suitable alternative to NovoRapid®.

What do Trurapi® cartridges and AllStar PRO® pen devices look like?

Trurapi® cartridges are similar to NovoRapid® cartridges in appearance but are **not** compatible with Novo Nordisk® durable pens.

Trurapi® cartridges should only be used with Sanofi durable pens (such as AllStar PRO® and JuniorSTAR® pens).

Do I need to adjust my bolus (meal-time) insulin doses?

Trurapi® is very similar to NovoRapid® so usually you do not need to adjust your insulin doses. But it is a good idea to watch your blood glucose levels when first starting Trurapi®.

Do I need to change my needles?

No. Your current needles are compatible with the Trurapi SoloStar® pen.

Why will I be prescribed two durable pens (AllStar PRO® or JuniorSTAR® pens)?

The staff will give you two durable pens so that you will have one durable pen as a spare.