

Change in brand of your short acting (mealtime) insulin from NovoRapid® to Trurapi Solo Star®



You currently use **NovoRapid FlexPen® or NovoRapid FlexTouch®** for your diabetes. A similar insulin called Trurapi® is now available. It works the same way and is safe to switch to. Trurapi® costs less for the NHS, and your diabetes consultant agrees that you can change to Trurapi®.

Therefore, we are recommending that you switch your short acting insulin from:

NovoRapid FlexPen® or NovoRapid FlexTouch®

(prefilled, disposable pen) to

Trurapi SoloStar® (pre-filled, disposable pen)

There will be no need to change your dose, and you should continue to administer your insulin at the same dose and in the same way. However, your dose may need to be adjusted depending on your blood glucose readings. If this happens, please contact your pharmacist in the first instance.

Before switching to Trurapi®:

You can watch a video of how to use the Trurapi SoloStar® device at <https://www.mysanofiinsulin.co.uk/trurapi/> (or scan the QR code below), selecting option “I have been prescribed Trurapi®”.



If you do not have access to the internet, there will be instructions within the packaging of your new Trurapi® insulin.

- Use all existing supplies of NovoRapid® before switching to Trurapi®. Make sure that you obtain supplies of your new insulin at least a week before you run out of your NovoRapid®.

- Continue to monitor your blood glucose in your usual way.
- If you adjust your insulin dose according to your blood glucose readings and diet, continue to do so in your usual way. Your current insulin needles will fit your new Trurapi SoloStar® pen.

Although unlikely, if your blood sugar control is affected by this change to Trurapi®, you can switch back to NovoRapid® or discuss your blood sugar control with your diabetes specialist.

If you have any concerns about this switch, then please contact your pharmacist who can provide further information.

Frequently asked questions (FAQs)

Who manufactures Trurapi®?

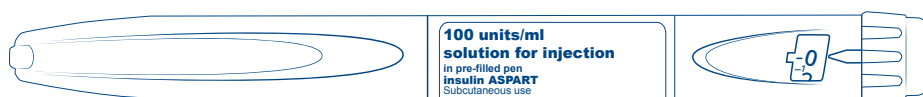
Trurapi® is manufactured by Sanofi which is large pharmaceutical company with lots of experience in diabetes and insulin. They make several other commonly used insulins including Lantus®.

Is Trurapi® as effective as NovoRapid®?

Trurapi® has been carefully compared with NovoRapid® in clinical studies. These studies showed that both insulins work the same way and are equally safe and effective. Because of this, Trurapi® has been approved for use in the UK as a suitable alternative to NovoRapid®.

What do Trurapi SoloStar® devices look like?

Trurapi SoloStar® devices are prefilled, disposable pens that are orange in colour. The picture below shows the Trurapi SoloStar® pen.



Do I need to adjust my bolus (mealtime) insulin doses?

Trurapi® is very similar to NovoRapid® so usually you do not need to adjust your insulin doses. But it is a good idea to watch your blood glucose levels when first starting Trurapi®.

Do I need to change my needles?

No. Your current needles are compatible with the Trurapi SoloStar® pen.

Can I recycle the Trurapi SoloStar® pen once it has finished?

Sanofi offers a free postal recycling scheme for their insulin pens, known as RePen. This program allows people to recycle their used disposable Sanofi insulin pens by ordering a collection envelope online, filling it with the pens, and then mailing it back for recycling.

To participate in the RePen program, visit the RePen website  www.mysanofiinsulin.co.uk/repen/, to order a pre-paid collection envelope.